

Planning Peacock

Tarifs & réservations sur peacock-toulouse.com

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
7h30							
8h15		Morning Flow					
8h45			Morning Flow	Hatha	Morning Flow		
9h15							
10h00							
10h30				Prénatal	Restorative Yoga	Yoga Basics	
11h00	Hatha						
11h15							11h15 - 13h00 Atelier Yoga Brunch
11h30						Bhakti Vinyasa anglais	
12h15	Kundalini	Power Yoga	Vinyasa Flow	Vinyasa Flow	Hatha Flow		
13h30							
16h00						Vinyasa Flow	
17h30							
18h00	Yoga Basics	Ashtanga	Aroma Flow	Vinyasa Flow	Vinyasa Flow		Yin Yang
19h15							
19h30	Yoga Abs'	Iyengar	Yin Yoga	Meditation Nidra			
20h45							

● Margot
 ● Sandra
 ● Hélène
 ● Béata
 ● Noellie
 ● Andréa
 ● Armelle
 ● Büge
 ● Yara

